# Work Capacity Fitness Testing

Training and Program Information for Wildland Firefighters

# **Southwest Oregon**

Ensuring Wildland Firefighter Safety Back to Rogue River-Siskiyou FSWeb WCFT Forest Summary - .xls

### 2011 Local Area (Southwest Oregon) Training Schedule

Please contact the representatives in advance to let them know you are attending and to confirm dates, times and locations.

#### <u>Feb</u>

- 17, starts at 0700 at Hedrick Jr. High in Medford, OR. Must notify by email or phone at least 2-days prior. Contact: Robert Shoemaker at 541-899-3877 or email: <a href="mailto:rshoemaker@fs.fed.us">rshoemaker@fs.fed.us</a> or Robert Rathjen at 541-899-3878 or email: <a href="mailto:rjrathjen@fs.fed.us">rjrathjen@fs.fed.us</a>
- **24**, starts at 0815 at Gold Beach R.D. in Gold Beach, OR. Must notify by email or phone at least 2-days prior. Contact: Monty Edwards 541-247-3699, email: montyedwards@fs.fed.us,

#### March

- \*\*\*Cancelled\*\*17, starts at 0815 at Gold Beach R.D. in Gold Beach, OR. Must notify by email or phone at least 2-days prior. Contact: Monty Edwards 541-247-3699, email: montyedwards@fs.fed.us
- **21**, starts at 0900 at Prospect R.D. in Prospect, OR. Must notify by email or phone at least 2-days prior. Contact: Hank Falcon 541-560 3420, email: <a href="mailto:hfalcon@fs.fed.us">hfalcon@fs.fed.us</a>.
- **30,** starts at 0700 at Grants Pass High School in Grants Pass, OR. Must notify by email or phone at least 2-days prior. Contact: Brad Clayton at 541-471-6886, email: <a href="mailto:bcclayton@fs.fed.us">bcclayton@fs.fed.us</a> or Mike Holguin at 541-660-1033, email: <a href="mailto:michaelholguin@fs.fed.us">michaelholguin@fs.fed.us</a>

#### **April**

• **18**, starts at 0900 at Prospect R.D. in Prospect, OR. Must notify by email or phone at least 2-days prior. Contact: Hank Falcon 541-560 3420, email: hfalcon@fs.fed.us.

- 21, starts at 0815 at Gold Beach R.D. in Gold Beach, OR. Must notify by email or phone at least 2-days prior. Contact: Monty Edwards, 541-247-3699, email: montyedwards@fs.fed.us
- 27, starts at 0700 at Grants Pass High School in Grants Pass, OR. Must notify by email or phone at least 2-days prior. Contact: Brad Clayton at 541-471-6886, email: <a href="mailto:bcclayton@fs.fed.us">bcclayton@fs.fed.us</a> or Mike Holguin at 541-660-1033, email: <a href="mailto:michaelholguin@fs.fed.us">michaelholguin@fs.fed.us</a>

#### May

- **12,** starts at 0700 at Spiegelberg Stadium (old S. Medford HS) in Medford, OR. Must notify by email or phone at least 2-days prior. Contact: Robert Shoemaker at 541-899-3877 or email: <a href="mailto:rshoemaker@fs.fed.us">rshoemaker@fs.fed.us</a> or Robert Rathjen at 541-899-3878 or email: <a href="mailto:rjrathjen@fs.fed.us">rjrathjen@fs.fed.us</a>
- **16**, starts at 0900 at Prospect R.D. in Prospect, OR. Must notify by email or phone at least 2-days prior. Contact: Hank Falcon 541-560 3420, email: hfalcon@fs.fed.us.
- 19, starts at 0815 at Gold Beach R.D., in Gold Beach, OR. Must notify by email or phone at least 2-days prior. Contact: Monty Edwards, 541-247-3699, email: montyedwards@fs.fed.us
- 25, starts at 0700 at Grants Pass High School in Grants Pass, OR. Must notify by email or phone at least 2-days prior. Contact: Brad Clayton at 541-471-6886, email: <a href="mailto:bcclayton@fs.fed.us">bcclayton@fs.fed.us</a> or Mike Holguin at 541-660-1033, email: <a href="mailto:michaelholguin@fs.fed.us">michaelholguin@fs.fed.us</a>

## <u>June</u>

- 13, starts at 0900 at Prospect R.D., Prospect, OR. Must notify by email or phone at least 2-days prior. Contact: Hank Falcon 541-560 3420, email: <a href="mailto:hfalcon@fs.fed.us">hfalcon@fs.fed.us</a>.
- **22**, starts at 0815 at TBA in Gold Beach, OR. Must notify by email for phone at least 2-days prior. Contact: Monty Edwards 541-247-3699, email: <a href="montyedwards@fs.fed.us">montyedwards@fs.fed.us</a>
- 22, starts at 0700 at Grants Pass High School in Grants Pass, OR. Must notify by email or phone at least 2-days prior. Contact: Brad Clayton at 541-471-6886, email: <a href="mailto:bcclayton@fs.fed.us">bcclayton@fs.fed.us</a> or Mike Holguin at 541-660-1033, email: <a href="mailto:michaelholguin@fs.fed.us">michaelholguin@fs.fed.us</a>

# July

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